

2026届高三英语定时训练

参考答案

2025. 11

第一部分：听力（共两节，满分30分）

1-5 A C A C B 6-10 C B C A B 11-15 B A C A B 16-20 A C B B A

第二部分：阅读理解（共两节，满分50分）

第一节（共15个小题；每小题2.5分，满分37.5分）

21—23 A C C 24-27 C A D C 28—31 C A D C 32—35 C B A D

第二节（共5个小题；每小题2.5分，满分12.5分）

36—40 E C F G A

第三部分：语言运用（共两节，满分30分）

第一节 完形填空（共15个小题；每小题1分，满分15分）

41—45 B D A C B 46—50 D A C B D 51—55 A C B D A

第二节 语法填空（10个小题；每小题1.5分，满分15分）

56. to celebrate 57. toques 58. that/which 59. be treated 60. for
61. promotes 62. increasingly 63. the 64. driven 65. openness

第四部分：写作（共两节，满分40分）

第一节 应用文写作（满分15分）

（一）评分原则

1. 本题总分为15分,按5个档次给分。
2. 评分时先根据文章的内容和语言初步定档次,然后以该档次要求调整,最后给分。
3. 词数少于60或多于100,从总分中减去2分。
4. 评分时 应从内容要点、应用词汇和语法结构的丰富性和准确性及上下文连贯性等方面考察。
5. 拼写与标点符号是语言准确性的一个方面,评分时应视其对交际的影响程度予以考虑。英、美拼写及词汇用法均可接受。
6. 如书写差,以致影响解,分数降低一个档次。

(二) 各档次的给分范围和要求

档次	描述
第五档 (13—15)	<p>完全完成了试题规定的任务</p> <p>—覆盖所有内容要点。</p> <p>—应用了较多的语法结构和词汇。</p> <p>—语法结构或词汇方面有些许错误，但为尽力使用较复杂结构或较高级词汇所致；具备较强的语言运用能力。</p> <p>—有效地使用了语句间的连接成分，使全文结构紧凑。</p> <p>完全达到了预期的写作目的。</p>
第四档 (10—12)	<p>完全完成了试题规定的任务</p> <p>—虽漏掉1、2个次重点，但覆盖所有主要内容。</p> <p>—应用的语法结构和词汇能满足任务的要求。</p> <p>—语法结构或词汇方面应用基本准确，些许错误主要是因尝试较复杂语法结构或词汇所致。</p> <p>—应用简单的语句间连接成分，使全文结构紧凑。</p> <p>达到了预期的写作目的。</p>
第三档 (7—9)	<p>基本完成了试题规定的任务</p> <p>—虽漏掉一些内容，但覆盖所有主要内容。</p> <p>—应用的语法结构和词汇能满足任务的要求。</p> <p>—有一些语法结构或词汇方面的错误，但不影响理解。</p> <p>—应用简单的语句间连接成分，使全文内容连贯。</p> <p>整体而言，基本达到了预期的写作目的。</p>
第二档 (4—6)	<p>未适当完成试题规定的任务</p> <p>—漏掉或未描述清楚一些主要内容，写了一些无关内容。</p> <p>—语法结构单调，词汇项目有限。</p> <p>—有一些语法结构或词汇方面的错误，影响了对写作内容的理解。</p> <p>—较少使用语句间的连接成分，内容缺乏连贯性。</p> <p>信息未能清楚地传达给读者。</p>
第一档 (1—3)	<p>未完成试题规定的任务</p> <p>—明显漏掉主要内容，写了一些无关内容，原因可能是未理解试题要求。</p> <p>—语法结构单调，词汇项目有限。</p> <p>—较多语法结构或词汇方面的错误，影响对写作内容的理解。</p> <p>—缺乏语句间的连接成分，内容不连贯。</p> <p>信息未能传达给读者。</p>
0	<p>未能传达给读者任何信息</p> <p>内容太少，无法评判；写的内容均与所要求内容无关或所写内容无法看清。</p>

第二节 读后续写(满分25分)

读后续写评分原则

1. 本题总分为25分，按5个档次给分。
2. 评分时，先根据所续写短文的内容和语言初步确定其所属档次，然后以该档次的要求来衡量、确定或调整档次，最后赋分。
3. 词数少于130的，从总分中减去2分。
4. 评分时，应主要从以下三个方面考虑：
 - (1) 与所给短文及段落开头语的衔接程度；
 - (2) 内容的丰富性；应用语法结构和词汇的丰富性和准确性；
 - (3) 上下文的连贯性。
5. 拼写与标点符号是语言准确性的一个重要方面，评分时，应视其对交际的影响程度予以考虑。
6. 如书写较差以致影响交际，可将分数降低一个档次。

各档次给分范围和要求

档 次	描 述
第五档 (21—25)	—与所给短文融洽度高，与所提供各段落开头语衔接合理。 —内容丰富，所使用语法结构和词汇丰富、准确，可能有些许错误，但完全不会影响意义表达。 —有效地使用了语句间的连接成分，使所续写短文结构紧凑。
第四档 (16—20)	—与所给短文融洽度较高，与所提供各段落开头语衔接较为合理。 —内容比较丰富，所使用语法结构和词汇较为丰富、准确，可能有些许错误，但不会影响意义表达。 —比较有效地使用了语句间的连接成分，使所续写短文结构紧凑。
第三档 (11—15)	—与所给短文关系较为密切，与所提供各段落开头语有一定程度的衔接。 —写出了若干有关内容，应用的语法结构和词汇能满足任务的要求，虽有一些错误，但不影响意义表达。 —应用简单的语句间连接成分，使全文内容连贯。
第二档 (6—10)	—与所给短文有一定的关系，与所提供各段落开头语有一定程度的衔接。 —写出了一些有关内容，语法结构单调，词汇项目有限，有些语法结构和词汇方面的错误，影响了意义的表达。 —较少使用语句间的连接成分，全文内容缺少内容连贯。
第一档 (1—5)	—与所提供短文和开头语的衔接较差。 —产出内容太少，语法结构单调，词汇项目很有限，有较多语法结构和词汇方面的错误，严重影响了意义的表达。 —缺乏语句间的连接成分，全文内容不连贯。
0 分	白卷、内容太少无法评判或所写内容与所提供内容无关。

附：听力原文

Text 1

M: You've looked really tired lately. What's up?

W: **Work and study are killing me. I don't even have a minute to breathe. (1)** I wake up worrying about everything.

M: You need to find a better balance — you're not Wonder Woman! Unless you're secretly training for the next DC movie?

Text 2

M: **I'm thinking about upgrading my phone. The new model looks cool.**

W: It does, but apart from the bigger screen, it's almost the same as yours.

M: Hmm, you're right. **Wow, I didn't realize it was so expensive! Mine is not so bad after all! (2)**

Text 3

M: I didn't expect to see you here! What would you like? My treat! Hot coffee, or maybe some milky tea.

W: On a day like this? **Something cold would be much better.**

M: **Good point. I'll get something refreshing for us instead. (3)**

Text 4

M: I signed up for the London marathon. Honestly, I have no idea how I'm going to finish it!

W: Well, **pushing too hard at the start never ends well. (4)**

M: Right. That's true. I guess pacing myself and keeping my energy up is key.

Text 5

M: **None of these paintings is really speaking to me. They just look like shapes of different colors.**

W: **Yeah, modern art can be hard to connect with.** But there's a Turner exhibition upstairs.

M: That sounds more like my thing. **I prefer something with a real story behind the picture. (5)**

Text 6 (第6题为推断题)

M: I need to decide soon, Mrs. Jones. Working as an electrician pays well, and there's always work. People need electrical systems set up or repaired!

W: True, but you've always done well in school. Have you thought about furthering your education and going for higher studies?

M: I have, but I don't know if sitting in lectures all day is for me.

W: Fair enough. Do you enjoy practical work?

M: I do, but part of me wonders if I should push myself academically. I need to get it right.

W: Either way, you'll do well. **Just make sure it's something you'll enjoy in the long term. (7)** Talk to your parents about it as well.

Text 7

M: **I was thinking of getting you a *Time Collector* magazine subscription for your birthday. (8) (9)**

What do you think?

W: That sounds great! I've always wanted it, but it's pricey. Isn't it \$10 each month?

M: Yes, **but there's a deal now — it's \$100 if you pay for the whole year. (8) (9)**

W: That is a good offer. **I remember it was \$140 when it first came out. (8)**

M: Exactly, **and you will get a free issue and a special box to keep your watches. (9)**

W: That's hard to refuse! I've always loved watches. Does the delivery take long?

M: Not too long — four days.

W: Perfect. Please go ahead! **I can learn more about repairing watches and start planning for my future business dreams. (10)**

Text 8 (第13题为推断题)

M: **Time for exercise — are you coming today? (11)**

W: **I'm not sure. I can't move like before. (11)**

M: That's why they made it easier for older people. You don't have to stand the whole time.

W: Maybe, but I don't know if it's for me. It's not that I don't want to go. It's just that I feel embarrassed. Like everyone's looking at me.

M: Everyone's just doing what they can. You always say you feel better after.

W: That's true. **What kind of exercises are we doing? (12)**

M: **Just take a walk — nothing hard. (12)** We're not running or going to the gym. And I will play music you'll enjoy.

W: **All right, I'll give it a try. (12)** But if I'm tired tomorrow, I'm blaming you!

M: Ha-ha. Just do your best. I'm impressed you're trying. Tomorrow we'll relax and do tai chi in the park. Fresh air is the best way to feel good.

Text 9 (第17题为总结题)

W: We need to pick a holiday destination, honey.

M: If only we could just go to a nice country hotel!

W: We always end up picking something that doesn't suit everyone. **Remember the last time we visited those museums? Jake got bored, and Emily complained about walking. (15)**

M: True. **What about California? You've got the mountains for snow, plus the sea and sand for Emily. (14)** And Jake might enjoy skiing.

W: That sounds promising. How much will it cost?

M: Let's see... Flights are £500 each, accommodation is around £1000, and ski passes are £300 per person.

W: **Plus food. If we budget £300 per person for meals, that's another cost. (15)** Let's add it all up before we book anything. If we mess this up, we'll never hear the end of it from the kids.

M: **Oh, like our "perfect" honeymoon? When we "accidentally" stayed next to a train station? I never heard the end of that! (16)**

W: Well, it was unforgettable, just not in the way we hoped.

M: Ha-ha, all right. Let's make this holiday memorable — in a good way this time.

Text 10

Welcome to the university! You'll hear plenty of advice this week — how to handle your studies, avoid copying, and meet deadlines. (18) But today's topic is more important. It's about protecting yourself from online crime, which can harm your money, ruin your schoolwork, and even put you in danger.

Let me give you a real example. Last year, two second-year students connected to free public Wi-Fi at a café. Within hours, someone stole their bank details, locked them out of their emails, and took over their social media. **Another student used the same password for everything. When a weak shopping site was attacked, criminals got into her university email. Years of research were lost. (19)**

This isn't just about protecting your essays. Hackers (黑客) go after anyone who isn't careful, not just big companies. **If you wouldn't leave your front door unlocked, don't do the same with your digital life. (20)** You can't rely on your parents to keep you safe now. The risks are real. Don't be casual. Before clicking on any strange link, ask yourself — is your data really secure?